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Title: Community Outreach Fellow
Organization or Agency: The Coalition
Topic: Meeting Date Not Listed
NA

Testimony:

LUIS VELEZ

To: COALITIONFOR HEALINGANDJUSTICE

RE: my grievance is the bad quality o...

12:05 PM

my grievance is the bad quality of food given to us and the amount of it. I understand there is a change in the menu that will start on the 26 of this month, however, that change doesn't come with a better variety of food. we are still going to get highly processed food, food with a high content of soy and preservatives, this is what prison calls "slop". tell me who wants to eat slop when hungry, or ever. out of 60 trays of lunch and dinner about 50 trays are "slop" trays (I could formally send you the menu), the rest is hamburgers, chicken breast, each twice a month, and a pizza once a month. and fish on Fridays. the rest is food that does not taste good and that's not good for us, and that ends up in the trash. like I said, I saw the new menu and is more of the same with a new meat added to the menu, we don't need more of the bad food we need better food. commissary is the same thing, we need better varieties of healthy food, and for the price to go down. the jobs we have pay us 28 dollars a month, nowhere near enough to buy hygiene stuff and food that will last a month. some of us have families that send us money, but that's a bill for them for us to eat in here and not go hungry because of the quantity and quality of bad food they give us, but the food we buy is no better. it is no mystery that's the reason for so many incarcerated people in bad health and why the cost of medical is so high. this is a problem that has created many more problems. we need better quality food, it is morally correct and economically sound.